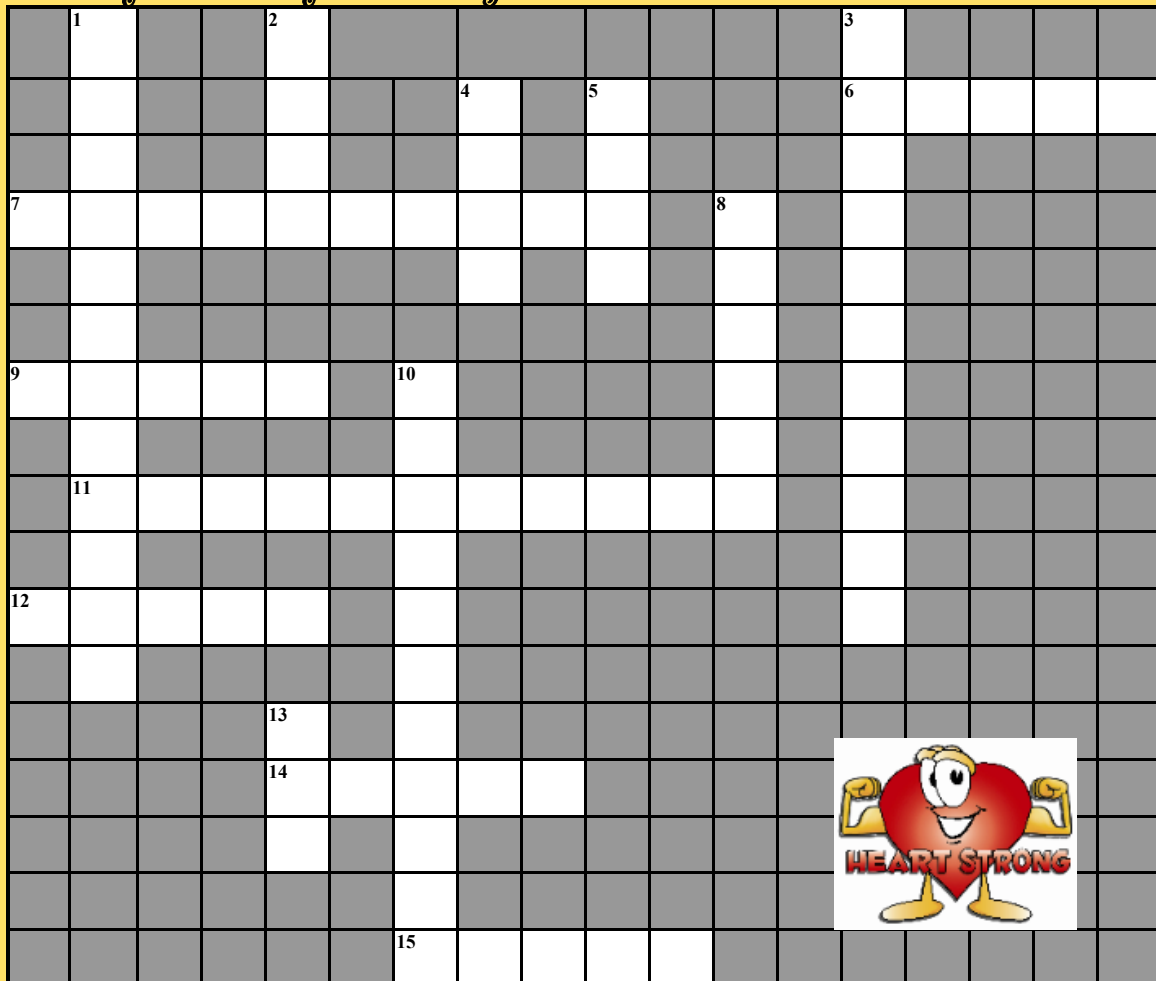


Heart Healthy Crossword Puzzle



ACROSS

6. Top chamber of the heart
7. The two lower chambers of the heart
9. Blood vessels that return blood to the heart
11. Nurse/Doctor uses this to listen to your heart beat
12. Biggest artery in the body
14. Symbol for heart disease in women is the red ____
15. Organ that provides blood with oxygen

DOWN

1. Another name for high blood pressure
2. Heart has ____ chambers
3. Abnormally fast heart beat
4. People with high blood pressure need to limit this food spice
5. Heart is the size of a ____
8. High blood pressure can cause this "Brain Attack"
10. Fried foods can increase your ____
13. Bad cholesterol is called ____

For more heart healthy games check out www.heart-strong.com